

SARAH WHITE

MEDICAL AESTHETICS/LASER
SKIN SOLUTIONS

Sarah White has exciting times ahead as, having outgrown Spire Murrayfield's Aesthetic Suite, she has been invited to move her entire business into what was the Hyperbaric Unit, a standalone building on the Hospital site. Sarah will be taking over the whole ground floor of the building for Sarah White Laser & Aesthetics and her new company, Sarah White Wellness. Her plans include six amazing state-of-the-art treatment rooms with additional consultation rooms and a training suite.

With the expansion of premises comes the expansion of the range of treatments. Sarah has recently introduced Bioidentical Hormone Replacement Therapy which is proving very effective for both men and women, restoring a youthful balance of hormones. Other treatments in the pipeline include PDO thread lifts, chemical lipolysis, cosmetic dental station and, once established within these new, larger premises, the launch of a weight

management programme and nutritional clinic to complete the holistic wellbeing journey. Sarah says: "We have lots more planned!"

Sarah's passion is an integrated holistic skincare approach combining injectables, laser, cosmeceuticals, peels and nutrition. She believes that a quality cosmeceutical skincare regime is in her patients' best interests as it can enhance areas not addressed by injections. A dedicated commitment to skincare is essential to achieving a global improvement in appearance, particularly in areas of skin tone, texture, and pigmentation. Sarah's ethos was quickly recognised and she was headhunted by the SkinCeuticals skincare giants for her clinic to become the flagship centre outside of London.

Sarah White LAser & Aesthetics is also an advanced centre for the Lumenis M22 multi-platform laser. The clinic is one of the first in the UK to use this more holistic approach. The M22 laser is capable of treating over 30 skin conditions and is producing fantastic results from treating birthmarks to thread vein removal.

Sarah has also been enjoying a new career volunteering at local schools to instil the importance of skin health from a young age. Working closely with big skincare brand La Roche-Posay Sarah has been educating teenagers on distressing skin conditions such as acne and eczema while also emphasising the importance of sun safety.



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