



# Robert Quinn Funeral Directors



## Local independent funeral directors offer innovative free service

Robert & Karen Quinn are proud to offer free, confidential, professional bereavement support and counselling for families who have used their service – past or present.

As siblings who have experienced significant losses ourselves we are only too aware that our grief journey is only just beginning when the funeral is complete.

We want our families to know that they are going to be supported before, during and following the funeral. Offering this service through our partnership with SAIF Care they truly are.

### When to get help

You may wish to consider asking for support if you are experiencing any of the following:

- Difficulty coping with intense feelings, feeling numb/empty
- Feeling unusually tired, confused, unable to concentrate
- Having nightmares and/or difficulty sleeping
- Your relationships are suffering badly
- Constantly feeling angry or irritable
- Smoking, drinking, taking medication or other drugs more than usual

**Freephone: 0800 917 7224**

**Email: [help@saifcare.org.uk](mailto:help@saifcare.org.uk)**

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**[www.robertquinnfuneraldirectors.co.uk](http://www.robertquinnfuneraldirectors.co.uk)**