

SARAH WHITE

MEDICAL AESTHETICS/LASER
SKIN SOLUTIONS



Spire

Murrayfield Hospital



5X Award Winning Treatment

The CoolSculpting® fat-freezing procedure delivers precisely controlled cooling to target the fat cells underneath the skin. Treated fat cells are crystallised (frozen), destroyed, and then over time your body naturally processes the fat and eliminates these dead cells via the lymphatic system – the result? A more sculpted you!

If you are getting frustrated from stubborn fat that is resisting your exercise and dietary efforts then this is the treatment for you! It allows to sculpt and re-contour most areas of the body including the abdomen, back, arms, hips and even the double chin!

The amazing CoolSculpting fat-freezing procedure is the only FDA-cleared, non-surgical fat-reduction treatment available in the UK that uses controlled cooling to reduce stubborn fat. The results are proven, noticeable, long lasting and with clinical research resulting in 52 publications!

If you would like us to contact you regarding further information and introductory offers please call or email: claire@sarahwhiteaesthetics.com.



Bioidentical Hormone Replacement Therapy with Dr Fiona McRae MB ChB FRCA

We are no longer limited in our choices when suffering from hormonal symptoms, or risking the side effects of synthetic hormone therapy. Here at Sarah White Wellness we can help both men and woman to rebalance their endocrine system. When our hormones are balanced we feel more in control – we are much healthier and our energy levels are a lot higher. Book in for a consultation to see how we can help.

The Benefits of your personalised BHRT treatment plan will include: Reduced bloating • Better Concentration • Mood elevation • Stress resistance • Better quality of sleep • Reduce anxiety levels

Other treatments at Sarah White include: Anti-wrinkle injections • Dermal Fillers (Eight point 'face lift') • Fractional Resurfacing • Derma Rolling • Hair loss Medication • Cosmeceutical Products • Laser Hair Removal – Soprano Ice • Radiofrequency Skin Tightening • Medical Grade Bespoke Peels • Collagen Boosters • M22 Skin Rejuvenation • M22 IPL • Dermalux LED light Therapy • Enerpeel • INTRAcel • ULTRAcel • Skinade

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